

5 Tips for Sewing Knits Without a Serger

1. Use a Ball Point Needle or a Stretch Needle.
2. Know What Kind of Knits Your Working With. When you do, you can choose the correct needle for your project.
 - Use a Ball Point Needle for heavy weight knits, ponte roma, sweat shirt knits, and polar fleece.
 - Use a Stretch Needle for highly elastic fabrics such as Spandex or Lycra.
3. Use a zig zag stitch, a triple stitch, or a lightning stitch. In our experiment the zig zag stitch with a 2.5 width gave us the stretchiest seam!
4. Adjust your tension. The tension regulates the tension of the bobbin thread. When sewing stretchy fabrics, lower your tension to "1" or very loose for the best result. For very thin knits, you might want to adjust your Pressure Dial as well. For standard sewing, the Pressure Dial is most commonly set to "3", but for thin knits you can set it to "1" or "less pressure" to help your fabric glide under the pressor foot.
5. Always Test Before You Sew. Do a test stitch sample on the fabric you will be using for your final project. Experiment with stitches and tension. Pull and stretch on the fabric after you sew a line to see how it holds up. Examine the seam and look for puckering. If all is well, proceed with confidence! If you need to make adjustments, consider the needle you are using, the tension, the stitch you are using, and the possibly even the Pressure Dial.

Please visit www.livingdiystyle.com again for more helpful tips and tricks in the future:)

